

# HEADS HARVEST

## Lunch orders

|                                                                            |                            |
|----------------------------------------------------------------------------|----------------------------|
| Chicken drumettes honey & soy x 4                                          | \$4.00                     |
| Garlic bread roll                                                          | .80c                       |
| Chicken ,bacon& spinach pasta bake                                         | \$4.50                     |
| Chicken Wrap<br>(crumbed chicken tenders, lettuce & mayo)                  | \$5.00                     |
| Nacho – Taco mince (hidden veggie)<br>Mission corn chips & cheese          | \$4.50                     |
| Home made beef lasagne                                                     | \$5.00                     |
| BLT Wrap (bacon, lettuce, tomato & mayo)                                   | \$5.00                     |
| Pizzas ( Mission Pita Bread, tomato base,<br>ham & pineapple or pepperoni) | \$4.50                     |
| Ham, cheese & tomato toasted wrap                                          | \$5.00                     |
| Mrs Mac Good Eating – Sausage Roll                                         | \$3.50                     |
| Mrs Mac Good Eating – Pies                                                 | \$3.50                     |
| Veggie Singapore noodles                                                   | \$3.50                     |
| Chicken Nuggets                                                            | 4 x \$2.80      6 x \$4.20 |
| Sauce: Tomato, BBQ or mayo                                                 | .20c                       |

## Drinks

|                                                                                                  |        |
|--------------------------------------------------------------------------------------------------|--------|
| Plain Milk 300ml                                                                                 | \$1.00 |
| Water 350ml                                                                                      | \$1.00 |
| Fresh fruit juice                                                                                | \$1.00 |
| Sippahh Straw (chocolate, strawberry,<br>choc mint,marshmallow or vanilla)                       | \$1.00 |
| Chilly J Fizzy Mineral Water<br>blackcurrant, raspbery, watermelon or<br>orange and passionfruit | \$1.50 |

## Treats

|                             |        |
|-----------------------------|--------|
| Honey & Soy Chip            | \$1.00 |
| Chicken Jumpys              | \$1.00 |
| Salt & Vinegar Veggie Chips | \$1.00 |
| Popcorn                     | 80c    |
| Pretzels                    | \$1.00 |
| Homemade;<br>muffins        | 50c    |
| cookies                     | 20c    |
| banana bread                | 50c    |

## Frozen Treats

|                                       |        |
|---------------------------------------|--------|
| Yoghurt Cup                           | \$1.50 |
| Mini Calipo                           | \$1.00 |
| Moovey iceblock                       | \$1.00 |
| Yoghurt Fruit pops                    | .50c   |
| Zooper Dooper                         | .50c   |
| Frozen Jelly Stick                    | .20c   |
| Frozen Cups<br>(Flavoured milk/juice) | \$1.00 |

## HOW TO PLACE A LUNCH ORDER!

On a paper bag write your name, class, order and amount (paper bags can be purchased for 20c). Reusable lunch bags are also available to purchase

Place correct money and post it in the slot in front of the canteen.

Keep an eye out for new food promotions with prizes to be won!

We are always looking for volunteers, forms available in office.

Free fresh fruit available daily.